

Accessories

Not to be overlooked are all the little things that make a difference. You can find a wide variety of gels and bars, insoles, sunglasses and watches at Fleet Feet Tucson. You can also check out our great selection of performance socks (we carry BALEGA!), browse through books and magazines or check out the latest heart rate monitor. Also, don't forget about some of those other items that come in handy to help prevent and/or treat common running/walking injuries. These are items like the Foam Roller, the Stick, the Strassburg Sock and many other options!

Accessories Make for Great Gifts

Do you have a friend or co-worker who you are encouraging to start a running or walking program? Do you need to find a great gift for the runner or walker in your life? Accessory items are great gifts. Here are just a few ideas to consider:

- BodyGlide: One of our most popular items that helps to reduce chafing and blisters. It is a must have item for the runner or walker getting ready for his or her first half or full marathon.
- Foam rollers: Work out the inevitable aches and pains and recover from your workout faster.
- Books and Training Logs: Offer motivation, training advice and accountability.
- Heart Rate Monitors & GPS Watches: There are options from the basic to high-tech! A heart rate monitors and GPS watch are among the best training tools you can use.
- Sunglasses: We carry a large selection of Tifosi sunglasses, polarized and non-polarized to keep that pesky sun out of your eyes!
- Hydration Systems: Tucson gets hot in the summer! A hydration system is key to staying hydrated and exercising safely! We have many options for you to choose from.
- Watches: There are many options at affordable price ranges. All of our watches have interval timers and our staff can show you how to use them quickly and easily!