

Training

Fleet Feet offers a variety of training programs throughout the year for all levels – from people who want to start running to those who want to take their running to the new level. All of our programs are intended to be non-competitive, fun and educational, and focus on helping individuals meet their goals. All programs are designed by Jeanne Snell, RRCA certified distance training coach with support from experienced runners and coaches. Questions about any of the programs listed should be directed to Jeanne at jeanne@fleetfeettucson.com. Thanks for your interest!

Each program includes:

- Daily training plan for duration of the program*.
- Experienced coaching.
- Technical team shirt.
- Support and guidance at each group run.
- Goal race entry included in fee (not included in half and marathon programs)**.
- Meeting new friends and having some fun.

Join the Best Training Programs in Tucson:

Tri-Fit Training

No Boundaries/101

201 Training Group

Group Track Workouts

Distance Training Group