

Program Fee: \$100.00

Includes:

- **Weekly coached session**
- **Education/clinics on 10+ topics**
- **Entry fee to Nov. 14 5K race**
- **Technical running shirt**

Name _____ Date of Birth _____ Age _____

Address _____ City _____ State _____ Zip _____

Phone (Primary) _____ Phone (Secondary) _____

Email Address (please print clearly!) _____

Gender: Male Female Shirt Size: S M L XL

Emergency Contact: _____ Phone: _____

Relationship: Parent(s) Sibling Spouse Child(ren) Friend Fiancé/Significant Other

How did you hear about this program? _____

Liability Waiver and Release

I acknowledge that by signing this document, I am releasing Fleet Feet Sports Tucson and all of its respective agents and employees from liability. I hereby acknowledge that I am in good health to participate in the personal training for which I am registering and I attest and verify that I am physically fit and have prepared for such personal training and that I have not been advised against participation in such activity by a qualified health care professional. I understand that it is strongly recommended that I consult with my physician prior to engaging in this training program. By signing this document I hereby fully assume any and all risks associated with my participation with Fleet Feet. I hereby waive, release, discharge, hold harmless, and indemnify Fleet Feet from any and all claims arising, and from any and all damages which may be sustained directly or indirectly or out of my association with Fleet Feet training programs.

I grant permission for the use of my name and/or likeness relating to my personal training through Fleet Feet Sports Tucson, and I WAIVE all rights to any future compensation to which I may otherwise be entitled as a result of the use of my name or likeness.

I HEREBY AFFIRM THAT I AM EIGHTEEN (18) YEARS OF AGE OR OLDER, I HAVE READ THIS DOCUMENT AND I UNDERSTAND ITS CONTENTS.

Signature: _____ Date: _____

**No refunds will be provided in full or in part for any reason, including injury, after a program begins. No prorated fees are provided for late enrollments. Payment and registration must be received before participating in the program.*

Fleet Feet Sports Tucson, 7301 E. Tanque Verde, #151, Tucson, AZ 85715, 520.886.7800, www.fleetfeettucson.com